

# Academic Skills Center 23F

ACADEMIC SKILLS CENTER | ACADEMIC.SKILLS.CENTER@DARTMOUTH.EDU  
603.646.2014 | BERRY 178 | 8:30AM - 4:30PM EDT

## Academic Coaching

### ACADEMIC COACHING

Our personalized Academic Coaching is offered in-person and via Zoom.

- Reading & note taking skills
- Planning, organization, & time management
- Stress management & exam study strategies
- Schedule online OR drop-in Wednesdays 1-4 PM

### RESOURCES

- Visit our [website](#), [blog](#), and [E-guide](#) for learning strategies
- Check out our learning resources table outside Berry 178 for printed copies
- Follow us on [Instagram](#) for ASC program updates and study tips

## Peer Tutoring Program

### WHAT IS GROUP TUTORING?

- Trained student tutors provide three weekly 1 hour group review sessions
- Tutees ask questions, get assignment help, and review course material
- Most large, foundational courses supported

### WHAT IS INDIVIDUAL TUTORING?

- Individualized support for students - any course can be supported
- Need-level assessed based on GPA, demographic information, past course performance, and more

## Programming

### MO-TEA-VATIONAL MONDAY

A weekly program offering an antidote to rigor!

- Mondays, 3:30-4:30 p.m. in the ASC
- Different themes each week to help you thrive
- Interactive sessions, creativity, and community
- Tea and snacks provided

### GET IT DONE!

A structured, supported workspace that provides students opportunities to do their work with short, fun breaks in between.

- Wednesdays & Fridays 3:30-5:00 p.m. in the ASC
- Set goals and make progress
- Timed work sessions
- Register via Dartmouth Groups

WANT TO LEARN MORE?  
VISIT OUR [WEBSITE](#)

